

October 4th, 2008

Time: Kids run @ 10:45am  
Fun run @11:00 am

Location: Start point at the  
Pumpkin Fest in Nekoosa

Course type: bike path/  
road

**Awards:**

- ~Most members of a department (Amb, Fire, First Resp., ER...)
- ~Top 3 men and women overall
- ~Top 3 finishers in each age group (men & women)
- \*13 & under
- \*14-19
- \*20-29
- \*30-39
- \*40-49
- \*50-59
- \*60-69
- \*70 and over

All runners, walkers, strollers & wheelchairs welcome.  
No dogs please!!!

**Pre- Register by  
September 20th!!!**

**\$15.00 Pre-  
Registration  
guarantees t-shirt**

**On race day  
registration begins  
at 8am- 9:45am**

**\$20.00 On-day  
Registration (t-shirt  
available)**

**\*\*\* all registered  
run/walkers receive  
free arm bands for  
Pumpkin Fest!!!\*\*\***

2000

**Run the Pumpkin 5k**

Please send entry form to: Run the Pumpkin,  
P.O. Box 182, Nekoosa, WI 54457

Last \_\_\_\_\_ First \_\_\_\_\_ Age on race day \_\_\_\_\_ M/F \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Make check payable to Nekoosa Ambulance

\$5 kid run \_\_\_\_\_ kid run

\$15 pre-reg \_\_\_\_\_ 5k run

\$20 race day \_\_\_\_\_ 5k walk

Department name \_\_\_\_\_

T-shirt size:

S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL(\$2 additional)

**Waiver:**

Please accept my entry fee in the Run the Pumpkin 5k. I verify that I am physically fit to participate in this run/walk. I hereby release all sponsoring groups, workers or volunteers involved with the Run the Pumpkin 5k run/walk from any and all rights or claims for damages, illness or injuries suffered by me by participating in the run/walk. I also grant permission for the use of my name and any photographs, videos or other record of my participation in the run/walk.  
Signature \_\_\_\_\_ Date \_\_\_\_\_  
Parents signature if minor \_\_\_\_\_